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ABSTRACT

This resource unit, a supplement to the family life education curiculum guide (see related note), was designed to help secondary education home economics teachers provide students with learning experiences related to living as a single person. The unit covers two principle topics regarding single living, each including an overall objective, behavioral objectives, learning and evaluation experiences for students, and teaching resources (books and periodicals). The two topics are (1) identification of singles and (2) problems faced by singles (cultural pressure, paired society, adjustments, meeting new people, loneliness, housing needs, and personal safety). A list of the teaching resources concludes this unit. (EM)

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Family Life Education Resource Unit

Single Living

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Family Life Education Resource Unit

Single Living

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Family Living Resource Unit

Single Living

I. Identification of singles

A. Single living
B. Reasons for not marrying
C. Advantages and disadvantages of remaining single

II. Problems faced by singles

A. Cultural pressure
B. Paired society
C. Adjustments for the single person
D. Meeting new people
E. Loneliness
F. Housing needs
G. Personal safety

CONCEPTS: Identification of Singles

OVERALL OBJECTIVES: Identify all individuals who are singles.

BEHAVIORAL OBJECTIVES	LEARNING AND EVALUATION EXPERIENCES	TEACHING RESOURCES
Identify individuals who compose the single state.	Write a definition of single living. Read selected references and identify singles. View bulletin board illustrating different categories of single living: single, single again, and single with child.	Periodicals: U.S. News and World Report "Rise of the Singles - 40 Million Free Spenders." pp. 54-56. Landis and Landis, Building A Successful Marriage, p. 69. Westlake, Relationships, pp. 306-309, pp. 312-314. Riker and Brisbane, Married Life, p. 16. Teacher Resource- Klemer and Smith, Teaching About Family Relationships, pp. 277-297.

CONCEPTS: Identification of Singles

OVERALL OBJECTIVES: Summarize reasons some persons choose to remain single.

BEHAVIORAL OBJECTIVES	LEARNING AND EVALUATION EXPERIENCES	TEACHING RESOURCES
Describe reasons some persons choose not to wed.	Brainstorm reasons individuals select to remain single.	Landis and Landis, Building A Successful Marriage, pp. 71-73.
Summarize reasons individuals should not marry.	Research references and list reasons why individuals should not marry.	Westlake, Relationships, p. 310. Riker and Brisbane, Married Life. pp. 16-18.
	Listen to a panel discussion composed of single individuals (career girl, elderly unmarried bachelor, priest, or nun) discuss their feelings about being single. Participate in question and answer sessions of panel discussions.	Resource person

CONCEPTS: Identification of Singles

OVERALL OBJECTIVES: Explain the advantages and disadvantages of remaining single.

BEHAVIORAL OBJECTIVES	LEARNING AND EVALUATION EXPERIENCES	TEACHING RESOURCES
Explain the advantages and disadvantages of remaining single.	Read references and list the advantages and disadvantages of remaining single.	Landis and Landis, Building A Successful Marriage, p. 76-79. Landis and Landis, Personal Adjustment, Marriage, and Family Living, p.9. Riker and Brisbane, Married Life, p. 16-18.
Analyze cultural pressures on single, never married people.	Discuss society's attitudes toward single persons at various stages of development- teenager, young adult, middle age, and later years.	

CONCEPTS: Problems Faced by Single Individuals

OVERALL OBJECTIVES: Understand the cultural pressures of remaining single.

BEHAVIORAL OBJECTIVES	LEARNING AND EVALUATION EXPERIENCES	TEACHING RESOURCES
Understand the cultural pressures of remaining single.	Research references and explain the reasoning behind these cultural pressures – 1. Are you married yet? 2. When do you plan to marry? 3. Do you live alone? Do you like it? 4. Don't ever get married. 5. Wait a while before you marry. 6. Have you decided marriage is for the birds? 7. Do you hate women or men? 8. You're not married. 9. I'm having only couples over, I knew you'd understand. 10. Bring your date and come. 11. We're having a stag party. 12. Live a little before you marry.	Klemer and Smith, Teaching About Family Relationships. Landis and Landis, Building A Successful Marriage, pp. 69-70. Landis and Landis, Personal Adjustment, Marriage and Family Living, p. 9. Westlake, Relationships, pp. 306-307.

CONCEPTS: Problems Faced by Single Individuals

OVERALL OBJECTIVES: Understand the problems of singles in a paired society.

BEHAVIORAL OBJECTIVES	LEARNING AND EVALUATION EXPERIENCES	TEACHING RESOURCES
Understand problems of singles in a paired society.	Read selected references and list possible adjustments faced by singles in a married society. Then discuss each of these adjustments. 1. Cultural pressure 2. Desire to have security 3. Desire for children 4. Need to be like others 5. Need to have sexual relationship in a legal relationship 6. Desire to build future family investment 7. Need for a permanent boy or girlfriend 8. Cultural lag 9. Self fulfilling prophesy	Klemer and Smith, Teaching About Family Relationships, pp. 279-280.

CONCEPTS: Problems Faced by Single Individuals

OVERALL OBJECTIVES: Understand the problems in a paired society.

BEHAVIORAL OBJECTIVES	LEARNING AND EVALUATION EXPERIENCES	TEACHING RESOURCES
Explain why society is geared to paired relationships.	Organize buzz groups- Discuss why society is geared to paired relationships, report group findings to class. 1. Pairs are believed better able to care for each other. 2. Those not paired were treated as "deviants" with all its connotations because someone had to care for them when they did not want to. 3. Married couples or persons are assumed to be more capable and non threatening. 4. Couple parties 5. Companies tend to hire married people because it is assumed they will be more settled, having a calming influence on others, and are eager to get ahead.	Klemer and Smith, Teaching About Family Relationships, p. 280.

CONCEPTS: Problems Faced by Single Individuals

OVERALL OBJECTIVES: Identify students desire to remain single.

BEHAVIORAL OBJECTIVES	LEARNING AND EVALUATION EXPERIENCES	TEACHING RESOURCES
Identify students desire to remain single.	Conduct a class survey regarding marital status and expectations. Compare reasons for wanting to marry, for wanting to stay single, and for wanting to divorce.	
Identify the effect of society's views of single living.	Analyze own value about the single state. Rank these values about the single state.	Klemer and Smith, Teaching About Family Relationships, pp.281-282.
	Write an essay about your personal attitude toward a single (never married person).	

CONCEPTS: Problems Faced by Single Individuals

OVERALL OBJECTIVES: Adjustments necessary for a single person

BEHAVIORAL OBJECTIVES	LEARNING AND EVALUATION EXPERIENCES	TEACHING RESOURCES
Describe adjustments necessary for a single person.	Read reference and participate in a round table discussion. Compare the adjustments of a single male to a single female. Make suggestions for leading a happy useful life as a single person. Participate in role playing and react to problems faced by singles. Discuss reactions with class.	Westlake, Relationships, p. 310-312.
Describe why the unmarried are often pushed into marriage.	Review selected references and discuss - Do married people often seem to push the unmarried into marriage?	Riker and Brisbane, Married Life, p.17.

CONCEPTS: Problems Faced by Single Individuals

OVERALL OBJECTIVES: Identify ways to meet new people

BEHAVIORAL OBJECTIVES	LEARNING AND EVALUATION EXPERIENCES	TEACHING RESOURCES
Identify ways to meet new people	Review references and participate in a discussion of the ways a single person may meet new people.	Westlake, Relationships, pp. 310-312. Landis and Landis, Building A Successful Marriage, pp. 70-71. Periodicals: U.S. News and World Report, "For Singles, Life Isn't All Swinging," pp. 67-68. U.S. News and World Report, "Rise of the 'Singles' 40 Millio Free Spenders", pp. 54-56.
	Describe ways a single person can prevent loneliness.	American Home, "Thanksgiving and Single?", p.40.

CONCEPTS: Problems Faced by Singles

OVERALL OBJECTIVES: Understand the housing needs of singles

BEHAVIORAL OBJECTIVES	LEARNING AND EVALUATION EXPERIENCES	TEACHING RESOURCES
Understand the housing needs of singles.	Review references and list different housing possibilities available to singles 1. Living with parents 2. Apartment living 3. Single's Apartment complexes 4. Mobile homes 5. Buying own homes	Periodicals: U.S. News and World Report, "For Singles, Life Isn't All Swinging", pp. 67-68. U.S. News and World Report, "Rise of the Singles- 40 Million Free Spenders", pp. 54-56.

CONCEPTS: Problems Faced by Singles

OVERALL OBJECTIVES: Understand the problems of safety of the single

BEHAVIORAL OBJECTIVES	LEARNING AND EVALUATION EXPERIENCES	TEACHING RESOURCES
Understand the problems of safety of the single.	Describe ways singles can protect themselves from crime.	Periodical: U.S. News and World Report, "For Singles, Life Isn't All Swinging ", p.68.

Family Living Resource Unit
Single Living

Teaching Resources

Books:

Landis, Judson T. and Landis, Mary G. Building A Successful Marriage, 6th Ed. Englewood Cliffs, N.J.: Prentice-Hall, Inc., 1973.

Landis, Judson T. and Landis, Mary G., 6th Ed. Personal Adjustment, Marriage, and Family Living, 6th Ed. Englewood Cliffs, N.J.: Prentice-Hall, Inc., 1975.

Klemer, Richard H. and Smith, Rebecca M., Teaching About Family Relationships, Minneapolis, Minn.: Burgess Publishing Company, 1975.

Palolucci, Beatrice, Fziola, Theodora, and Thompson, Patricia, Personal Perspectives, New York: McGraw-Hill Book Company, 1973.

Riker, Audrey P. and Brisbane, Holly, Married Life, Peoria, Illinois: Chas. A. Bennett Co., Inc., 1970.

Westlake, Helen Gum, Relationships, Lexington, Mass.: Ginn and Company, 1972.

Periodicals:

American Home, "Thanksgiving and Single?", Vol. 78, No. 11, November 1975.

U.S. News and World Report, "For Singles, Life Isn't All 'Swinging'", Vol. LXXIX, No. 23, December 8, 1975.

U.S. News and World Report, "Rise of the Singles - 40 Million Free Spenders," Vol. LXXVII, No. 15, October 7, 1974.